



## Bargoed Chiropractic | About

The Bargoed Chiropractic Clinic is dedicated to maintaining and delivering the highest standard of professionalism and treatment. We practice the latest evidence based, natural healthcare.

We are conveniently located on Bargoed highstreet, in very close proximity to two car parks. We provide a professional, yet caring approach for the patients.

Bargoed Chiropractic clinic services all surrounding areas, and is within easy reach of Merthyr Tydfil, Ystrad Mynach, Blackwood, Oakdale, New Tredegar, Gelligaer, Newport and the Rhymney Valley.

## **Bargoed Chiropractic**

### **Claire Rees BSc Hons, Chiro. DC, CCEP, MCC**

Claire qualified as a Chiropractor at the University of Glamorgan in 2006. Since graduation Claire has worked at various Chiropractic clinics across south Wales, namely in Brecon, Newport and Cardiff before setting up in private practice in Bargoed. Claire has since acquired qualifications in sports and extremity adjusting, and acupuncture, or dry needling techniques. Claire has special interests in rehabilitation and proprioceptive training. Claire also has a special interest in biomechanics, and goes into the workplace to give presentations and advice to companies regarding workplace ergonomics.

Claire is a member of the General Chiropractic Council, the British Chiropractic Association, and the College of Chiropractors.

Claire is also BUPA, and Axa/PPP registered, and treats patients registered with all major insurers.